Link Together's Prevention Newsletter



{ May - June 2022 }

<u>Link Together</u> is Wheeling Township's youth drug and alcohol prevention coalition. Evidence-based prevention services are provided to Buffalo Grove, Hersey, Prospect, Rolling Meadows and Wheeling High Schools and Cooper, Holmes, London, MacArthur, River Trails, South and Thomas Middle Schools. The coalition members represent all sectors of the community. Link Together is funded by the federal **Drug Free Communities Grant**, sponsored by the Office of National Drug Control and Policy





(ONDCP) and the Centers for Disease Control and Prevention (CDC). Link Together was recognized as Community Anti-Drug Coalitions of America's (CADCA) 2020 Coalition of the Year.

Throughout the newsletter, there are interactive links, they are bold and underlined.

— Talk. They Hear You. —

Is your child going into high school, has older siblings in the house . . . empowering your child to remain substance free can not start too early! In collaboration with D214, the Parent Prevention Toolkit will provide talking topics and tips!



Navigating Healthy Families Series

Link Together is collaborating with the Glenbard Parent Series for the 2021-2022 school year. The public is welcome to these free virtual programs and no registration is required. Visit **glenbardgps.org** for updates. All are encouraged to check out the summer reads from upcoming authors-their books can be found in bookstores and area public libraries. Click here for the full **2021-2022** speaker brochure.

- RESOURCES -

- OMNI Youth Services' <u>Resource Guide</u>
- Link Together's Marijuana Parent Toolkit
- SAMHSA's Guide on <u>Reducing Vaping Among</u>
 <u>Youth and Young Adults</u>
- <u>National Suicide Prevention Lifeline</u> 1-800-273-TALK (8255)



Link Together

FIND US ONLINE



@Link Together

<u>linktogethercoalition.org</u>

Contact us directly at: linktogethercoalition@gmail.com

Your Actions Matter —



<u>Your Actions Matter</u> Thank you to our local law enforcement and volunteer students for hanging over 6000 bottle hangars, hanging posters and putting on freezer clings. We applaud the communities in Wheeling Township for not buying for minors. Thank you!

— PARENTS Do you have 8 minutes to spare? —

Link Together serves your community in several ways. If you could please take the survey that is linked below, it would help us to plan for the coming year to continue our work to empower youth to remain substance free. Thank you! Parent/Guardian Quick Survey



National Prevention Week May 8 - 14

Prevention is the action of stopping something from happening or arising. Throughout D214 and feeder middle schools the students saw

numerous empowering messages about mental health, not using substances, safe driving, talking to their parents and more. You live in a great community! Most of the students remain substance free. (Illinois Youth Survey 2022)

D214 students make healthy choices!

LINK ##TOGETHER

MAY 8-14 2022