# LINK**ARTOGETHER**

Empowering Youth to Be Drug & Alcohol Free

Link Together

**@Link Together** 

Link Together is proud to have been recognized as the 2020 Coalition of the Year!

linktogethercoalition.org

August / September 2022

## **Keep Showing Up!**

They're still growing up.

According to research, parental involvement in a teen's life can affect their choice not to drink alcohol while underage. Take a look at the enclosed newsletter for

strategies you can use to help your teen make healthy choices.



**August/September Newsletter** 

## **Free Virtual Speakers**

**Navigating Healthy Families** Link Together is continuing to collaborate with the Glenbard Parent Series for the 2022-2023 school year. You are welcome to join these free virtual programs, and no registration is required.

Visit glenbardgps.org for current speakers and add them to your calendar!

#### Resources

- OMNI Youth Services' Resource Guide
- Link Together's Marijuana Parent Toolkit
- SAMHSA's Guide on Reducing Vaping Among Youth and Young Adults
- Suicide and Crisis Lifeline 1-800-273-TALK (8255)

### **D214 Parking Passes**

Students in D214 who receive a parking pass will see the NHTSA\* logo on it again this year! A contract is signed by both the student and parent(s) confirming they have had a conversation about impaired and distracted driving. Law Enforcement support have a conversation with your driver **IF YOU FEEL DIFFERENT** YOU DRIVE DIFFERENT if they are pulled over.

YOU are your child's greatest example from the first time they face forward in a car seat! Thank you for keeping our roads and your community safe!

\*NHTSA National Highway Traffic and Safety Administration

## Do you know what 988 is?

Listening. Understanding. Support. Resources. On July 16, 2022, the new designated National Suicide Prevention Lifeline was made available across the United States. Callers will be connected to a trained counselor that is a

part of the existing National Suicide Prevention Lifeline Network. For more information visit: SAMHSA - Substance Abuse and Mental Health Services Administration



Link Together is Wheeling Township's youth drug and alcohol prevention coalition. Evidence-based prevention services are provided to the community and target the youth attending Buffalo Grove, Hersey, Prospect, Rolling Meadows and Wheeling High Schools and Cooper, Holmes, London, MacArthur, River Trails, South and Thomas Middle Schools. The Coalition members





represent all sectors of the community. Grant funds are from the Drug Free Communities Grant, sponsored by the Office of National Drug Control and Policy and the Centers for Disease Control and Prevention. Link Together is proud to have been recognized as Community Anti-Drug Coalitions of America 2020 Coalition of the Year!

Our evaluator will present the 2022 Illinois Youth Survey data for Wheeling Township at our next meeting. Wednesday, August 31, 5:00-6:30 pm at the Arlington Heights Police Department and ZOOM All are welcome to attend. If you would like a Zoom link please contact linktogethercoalition@gmail.com.

Funding provided in part by the Centers for Disease Control and Prevention. Views expressed do not necessarily reflect the official policies of the Department of Health and Human Services and do not imply endorsement by the U.S. Government.